

Premier Martial Arts 4th Quarter News 2022

PROFESSIONAL MARTIAL ARTS PHOTOGRAPHY: KickPics Express Photo Shoot coming back to Premier on S. 14th on Monday, **October 3rd** and to our Wylie location on Tuesday, **October 4th** from 4:00 – 7:00 pm each day for students to get pictures taken (more times may be added if necessary). Scan the QR code on the poster in the school, go to www.JamesCoxMartialArts.com, or follow this link now for details and to schedule your private appointment. Packages start at \$29; times are limited and will fill up fast so act NOW! This is your one-time opportunity to get the best pictures possible from expert martial arts photographers.

Here is the link for S. 14th:

<https://kickpics.net/photo-registration.php?SchoolID=95&shootdate=10-03-2022>

This one for Wylie:

<https://kickpics.net/photo-registration.php?SchoolID=96&shootdate=10-04-2022>

WHITE BELT BUDDY BASH / PARENT ORIENTATION: Usually on the last Friday of each month, the next three are on **October 14th, November 18th and December 30th** from 6:00 – 7pm at our Wylie location. It is an orientation for all white belt children from ages 5 – 12 of both locations to attend, along with their guardians. They are encouraged to bring friends. We will have pizza, a short fun class, and discuss details regarding our programs and answer all questions of things to come.

SIDEKICKS PARENTS SUPPORT MEETING: The next two meetings will be on Saturday, **October 15th** from 1:30 – 2:15 at S.14th and Friday, **December 2nd** from 6:00 – 6:45 at the Wylie location. The Sidekicks Team is like a PTA for our martial arts schools, but you don't need to be a parent to join. We need like-minded volunteers wanting to impact our community and enhance our special events. Sign up TODAY with Vanessa (325-676-2696), if you are interested in joining the team or just show up at the next meeting, please and thank you.

STRIPE TEST EVALUATIONS: Usually the third Wednesday OR Thursday of each month is stripe testing. The purpose is to screen everyone once a month to make certain that students are progressing on schedule and understanding the curriculum. The next three stripe testing dates are: **October 19th or 20th, November 16th or 17th, December 14th or 15th**. Students that successfully pass will earn stripes, after 3 on one belt side, we do the big belt graduation shows at the end of each quarter to receive their new belts and certificates (the Winter show is December 17th).

PARENTS NIGHT OUT PARTIES: Held each month, alternating locations, with different exciting themes from 7-11 pm. The next 3 parties are “Halloween Monster Mash” on Friday, **October 28th** at our S. 14th location, “Camouflage Commander” on Friday, **November 11th** at our Wylie location, and “Christmas Party” on Friday, **December 16th** at our S. 14th location. These are for all children ages 5 and up. Invite friends and family while parents can enjoy a night out knowing the kids are in the safest place in Abilene. It is ONLY \$30 per child or just \$25 each for 2 or more kids coming together. This covers pizza, refreshments, games, and tons of FUN! Sign up at the front counter today or online at www.JamesCoxMartialArts.com.

TRUNK OR TREAT: Come help us and be a part of the annual PMA Trunk or Treat, on Saturday, **October 29th** from 6:00 – 8:00 pm at both locations. Bring candy, there will be prizes for the best decorated vehicle and tons of spooky fun.

HUGE HOLIDAY SALE: This is a MUST for you! Save a ton of money on all services, equipment, programs and events ... plus get cool limited custom PMA apparel and novelties ONLY available during this one weekend sale! Pre-orders will be in before Christmas, save big in 2023 by pre-paying for graduations, parties, tournament, camps, memberships, gear and more! **Thursday, November 3rd** from 10 pm – 12 am at Wylie is Midnight Madness Sneak-A-Peak for special teams only (Sidekicks, Demo, Fight Team and Premier Training members). All other members will schedule time slots online at www.JamesCoxMartialArts.com for either: **Friday, November 4th** from 3:00 – 8 pm at our Wylie location or **Saturday, November 5th** from 9:00 am – 4 pm at South 14th.

CLOSED FOR HOLIDAYS / FREE TURKEY BURN FITNESS KICKBOXING CLASS: We will be closed for Thanksgiving from **Thursday, November 24th – Saturday, 26th**, and closed for Christmas from **December 23rd – 24th**. However, on **Saturday, November 26th** I will be teaching a FREE Fitness Kickboxing Class at the S. 14th location from 10:30 – 11:30 am, for all teens / adults (ages 13 and older). You do not have to be members of Premier to come, we will have a blast with a “full body sweat pouring punching and kicking workout” to burn off all that Thanksgiving feast!

BELT GRADUATIONS: The Graduation Experience is a big show that everyone is expected to attend. The next Graduation is Saturday, **December 17th** at the Dodge Jones Center, (1042 Loop 322, building by the Zoo) from 2:00 – 3:30. Students must be there by 1:45 pm to line-up, be ready to perform and enjoy the celebration! Dress in your full program uniform (not shorts). You must be signed up and have your test fee paid five

days **BEFORE** graduation for your belt and certificate to be awarded. Register online at: www.JamesCoxMartialArts.com (log in and go to the dashboard, sign up and see graduation and register, with student's name, current and next belt color and size, with payment of \$49). The 3-4-year-old Tiny Champs will graduate during their regular class on **December 21st or 22nd**, but also need to register online.

COMPETITION FIGHT TEAM TRAINING: Improve your MMA skills with the best from the best, join our prestigious Fight Team to become eligible for competitions in kickboxing, jiu-jitsu, pankration (new safer MMA for youth and teens), or adult MMA. For anyone ages 8 and older, of purple belt rank or higher, and currently in Black Belt or Premier Training. Classes are at S. 14th (**Mon / Wed / Fri. 7pm and Sat. 12:00**). You will be grandfathered in as a founding member for a one-time total cost for the life of the program for only \$399. Contact G.M. Cox, 325-439-0182.

SHOW YOUR PMA SCHOOL SPIRIT: We have *FREE* auto decals located at the front counter for you to all put on your vehicles and represent the best martial arts school in town. We love seeing our stickers all around Abilene, so get yours on and show your PMA support. It is your official "Parking Pass" ... put it on or else your vehicle will be towed away, just kidding but still get it on today!

Thanks,

G.M. Cox – 325-439-0182, gmjamescox@gmail.com

