

Premier Martial Arts Abilene

S. 14th & Online Class Schedule

	Monday & Wednesday (PM) Option #1	Tuesday & Thursday (PM) Option #2	Friday (PM) Premier Training Only	Saturday (AM) Extra Class
Tiny Champ 3 – 4yrs	5:30 – 6:00	3:30 – 4:00		
Lil' Champ 5 – 7yrs	BASIC: 3:45 – 4:15 BBT: 3:45 – 4:30	BASIC: 6:00 – 6:30 BBT: 6:00 – 6:45		BASIC: 10:15 – 10:45 BBT: 10:15 – 11:00
Youth Beg. 8 – 12yrs	BASIC: 4:30 – 5:15 BBT: 4:30 – 5:30	BASIC: 6:45 – 7:30 BBT: 6:45 – 7:45		BASIC: 11:00 – 11:45 BBT: 11:00 – 12:00
Youth Adv. 8 – 12yrs	BBT: 6:00 – 7:00 PT: 6:00 – 7:15	BBT: 4:00 – 5:00 PT: 4:00 – 5:15	PT / Demo Team 5:30 – 7:00	BBT: 11:00 – 12:00 PT: 11:00 – 12:15
Teen / Adult 13 & up	BASIC: 7:15 – 8:00 BBT: 7:15 – 8:15 PT: 7:15 – 8:30	BASIC: 7:45 – 8:30 BBT: 7:45 – 8:45 PT: 7:45 – 9:00	PT / Black Belt Candidates 7:00 – 8:30	BASIC: 9:00 – 9:45 BBT: 9:00 – 10:00 PT: 9:00 – 10:15
Gi Jiu-Jitsu 13 & up	8:30 – 9:30			
No Gi Ju Jitsu 5 – 12yrs		5:15 – 6:00		12:15 – 1:30
Fight Team	7:00 – 9:30		7:00 – 8:30	12:15 – 1:30

Students should attend an in-person and/or online option and can attend Saturday at S. 14th for a third class each week. Fridays are the 2 Premier Training special teams' classes and held at the S. 14th location. All martial arts supplies / equipment must be purchased through PMA to be used in classes. If you don't purchase from our school, it's not allowed.

Wylie Class Schedule (use S. 14th Schedule for online classes)

	Monday & Wednesday (PM) Option #1	Tuesday & Thursday (PM) Option #2	Tuesday & Thursday (AM) Option #3	Friday @ South 14th
Tiny Champ 3 – 4yrs	3:30 – 4:00	5:30 – 6:00		*Premier/Demo/Gi Jiu-Jitsu/Fight Team (See S. 14 th schedule above) *Parents Night Out Parties second Friday of each month, 7pm - 11pm alternating locations! *Birthday Parties available on Saturdays or Sundays at either location at 2:30pm or 5:00pm.
Lil' Champ 5 – 7yrs	BASIC: 6:00 – 6:30 BBT: 6:00 – 6:45	BASIC: 3:45 – 4:15 BBT: 3:45 – 4:30		
Youth Beg. 8 – 12yrs	BASIC: 6:45 – 7:30 BBT: 6:45 – 7:45	BASIC: 4:30 – 5:15 BBT: 4:30 – 5:30		
Youth Adv. 8 – 12yrs	BBT: 4:00 – 5:00 PT: 4:00 – 5:15	BBT: 6:00 – 7:00 PT: 6:00 – 7:15		
Teen / Adult 13 & up	BASIC: 7:45 – 8:30 BBT: 7:45 – 8:45 PT: 7:45 – 9:00	BASIC: 7:15 – 8:00 BBT: 7:15 – 8:15 PT: 7:15 – 8:30	BASIC: 9:00 – 9:45 BBT: 9:00 – 10:00 PT: 9:00 – 10:15	
Gi Jiu-Jitsu 13 & up		8:30 – 9:15		
No Gi Ju Jitsu 5 – 12yrs	5:15 – 6:00			