

# Premier Martial Arts 4<sup>th</sup> Quarter News 2023

**WHITE BELT BUDDY BASH / PARENT ORIENTATION:** Usually on the last Friday of each month, the next two are on October 27<sup>th</sup>, (skipping November due to Holidays), and December 29<sup>th</sup>, from 6:00 – 7pm, both held at our Wylie location. It is an orientation for all white belt children from ages 5 – 12 of both locations to attend, along with their guardians. They are encouraged to bring friends. We will have pizza, a short fun class, and discuss details regarding our programs and answer all questions of things to come.

**SIDEKICKS PARENTS SUPPORT MEETING:** The next three meetings will all be on Saturdays from 1:00 – 1:45, alternating locations: October 14<sup>th</sup> at S.14<sup>th</sup>, November 11<sup>th</sup> at the Wylie location and December 9<sup>th</sup> back at South 14<sup>th</sup>. The Sidekicks Team is like a PTA for our martial arts schools, but you don't need to be a parent to join. We need like-minded volunteers wanting to impact our community and enhance our special events. Sign up TODAY with Vanessa (325-676-2696), if you are interested in joining the team or just show up at the next meeting, please and thank you.

**STRIPE TEST EVALUATIONS:** Usually the third Wednesday OR Thursday of each month is stripe testing. The purpose is to screen everyone once a month to make certain that students are progressing on schedule and understanding the curriculum. The next three stripe testing dates are: October 18<sup>th</sup> or 19<sup>th</sup>, November 15<sup>th</sup> or 16<sup>th</sup>, December 6<sup>th</sup> or 7<sup>th</sup>. We will do any make up stripe testing during the Saturday classes if needed. Students that successfully pass will earn stripes, after 3 on one belt side, we do the big belt graduation shows at the end of each quarter to receive their new belts and certificates (the Winter show is Saturday, December 16<sup>th</sup>).

**PARENTS NIGHT OUT PARTIES:** Held each month, alternating locations, with different exciting themes from 6:30 -10:30 pm. The next 3 parties are “Halloween Monster Mash” on Friday, October 20<sup>th</sup> at our S. 14<sup>th</sup> location, “Ninja Turtle Night” on Friday, November 10<sup>th</sup> at our Wylie location, and “Holiday Party” on Friday, December 8<sup>th</sup> at our S. 14<sup>th</sup> location. These are for all children ages 5 and up. Invite friends and family while parents can enjoy a night out knowing the kids are in the safest place in Abilene. It is ONLY \$35 per child or just \$25 each for 2 or more kids coming together. This covers pizza, refreshments, games, and tons of FUN! Sign up at the front counter today or online at [www.JamesCoxMartialArts.com](http://www.JamesCoxMartialArts.com).

**TRUNK OR TREAT:** Come help us and be a part of the annual PMA Trunk or Treat, on Saturday, **October 28<sup>th</sup>** from 6:00 – 8:00 pm at both locations. Bring extra candy and decor; there will be prizes for the best decorated vehicle and tons of spooky fun. This is an open event for the community and we definitely need your help!

**HUGE HOLIDAY SALE:** This is a MUST for you! Save a ton of money on all services, equipment, programs and events ... plus get cool limited custom PMA apparel and novelties ONLY available during this one weekend sale! Pre-orders will be in before Christmas, save big in 2024 by pre-paying for graduations, parties, tournament, camps, memberships, gear and more! **Thursday, November 2<sup>nd</sup> from** 10 pm – 12 am at Wylie is Midnight Madness Sneak-A-Peak for special teams only (Sidekicks, Demo, Fight Team, Leadership and Premier Training members). All other members must schedule time slots online at [www.JamesCoxMartialArts.com](http://www.JamesCoxMartialArts.com) for either: **Friday, November 3<sup>rd</sup>** from 3:00 – 8 pm at our Wylie location or **Saturday, November 4<sup>th</sup>** from 9:00 am – 4 pm at South 14<sup>th</sup>. *(NO CLASSES on Friday, November 3<sup>rd</sup> or Saturday the 4<sup>th</sup> ... DO MISS THIS SALE)*

**CLOSED FOR HOLIDAYS:** We will be closed for Thanksgiving from **Thursday, November 23<sup>th</sup> – Saturday, 25<sup>th</sup>**, and closed for Christmas from **Friday December 22<sup>nd</sup> – Monday, 25<sup>th</sup>**, and on New Year's Day **Monday, January 1<sup>st</sup>**.

**FREE TURKEY BURN FITNESS KICKBOXING CLASS:** On **Saturday, November 25<sup>th</sup>** I will be teaching a FREE Fitness Kickboxing Class at the S. 14<sup>th</sup> location from 10:30 – 11:30 am, for all teens / adults (ages 13 and older). You do not have to be members of Premier to come, we will have a blast with a “full body sweat pouring punching and kicking workout” to burn off all that Thanksgiving feast!

**BELT GRADUATIONS:** The Graduation Experience is a big show that everyone is expected to attend. The next Graduation is Saturday, **December 16<sup>th</sup>** at the Dodge Jones Center, (1042 Loop 322, building by the Zoo) from 2:00 – 3:30. Students must be there by 1:45 pm to line-up, be ready to perform and enjoy the celebration (doors open at 1:30)! Dress in your full program uniform (not shorts). You must be signed up and have your test fee paid **by 10:00 pm on Friday, December 8<sup>th</sup>** for your belt and certificate to be awarded, (after the 8<sup>th</sup> it will be \$10 more). Register online at: [www.JamesCoxMartialArts.com](http://www.JamesCoxMartialArts.com) (log in and go to the dashboard, sign up and see graduation and register, with student's name, current and next belt color and size, with

payment of \$49). The 3-4-year-old Tiny Champs will graduate during their regular class on **December 20<sup>th</sup> or 21<sup>st</sup>**, but also need to register online.

**COMPETITION FIGHT TEAM TRAINING:** Improve your MMA skills with the best from the best, join our prestigious Fight Team to become eligible for competitions in kickboxing, jiu-jitsu, pankration (new safer MMA for youth and teens), or adult MMA. For anyone ages 8 and older, of purple belt rank or higher, and currently in Black Belt or Premier Training. You will be grandfathered in as a founding member for a one-time total low cost for the life of the program for only \$399. Contact G.M. Cox, 325-439-0182.

**SHOW YOUR PMA SCHOOL SPIRIT:** We have *FREE* auto decals located at the front counter for you to all put on your vehicles and represent the best martial arts school in town. We love seeing our stickers all around Abilene, so get yours on and show your PMA support. It is your official “Parking Pass” ... put it on or else your vehicle will be towed away, just kidding but still get it on today!

Thanks,

G.M. Cox – 325-676-2696 / 325-704-5454, gmjamescox@gmail.com

