# <u>Premier Martial Arts 4<sup>th</sup> Quarter News 2024</u>

### **HOLIDAY CLOSURES:**

- **Closed** November 11<sup>th</sup> for Veterans Day
- Closed November 27<sup>th</sup>-29<sup>th</sup> for Thanksgiving
- **Closed December 24<sup>th</sup>-26<sup>th</sup>** for Christmas
- **Closed** January 1<sup>st</sup> for New Years Day

**ALEX MANCILLAS SPORT KARATE SEMINAR:** Premier Martial Arts Abilene is excited to welcome back Sport Karate World Champion Alex Mancillas!! Alex will be a guest instructor with us teaching "Kicking, Tricking and Weapons" for ALL members ages 8 & older. This event will be held on **Saturday, December 14<sup>th</sup>** at our S. 14th location **DO NOT MISS OUT!** Sessions take place from 10:00 am - 12 noon for ALL belt ranks ages 8 & older and from 1:30 - 3:30 pm for Demo and Premier Training Members (Demo/Premier Training members can do both sessions). Seminar prices start at \$50. If you have additional questions, please contact Grand Master James Cox at 325-439-0182 or at <u>gmjamescox@gmail.com</u>.

**STRIPE TEST EVALUATIONS:** Usually, the Wednesday OR Thursday of each month is stripe testing. The purpose is to screen everyone once a month to make certain that students are progressing on schedule and understand the curriculum. Our 4<sup>th</sup> quarter stripe tests will take place in classes on: October 16<sup>th</sup>/17<sup>th</sup>/19<sup>th</sup>, November 13<sup>th</sup>/14<sup>th</sup>/16<sup>th</sup>, December 4<sup>th</sup>/5<sup>th</sup>/7th</u>. Students that successfully pass will earn the appropriate stripes. After earning 3 stripes on one or both belt sides, we will have a belt graduation ceremony where students will receive their new belts and certificates (the Winter graduation show is on December 13<sup>th</sup>).

**BELT GRADUATIONS:** Premier's Belt Graduations are an opportunity to celebrate student growth and give them a chance to show off skills that they have been developing in class. The next graduation is Friday, **December 13<sup>th</sup>** at the Dodge Jones Sports Center, (1042 Loop 322, building by the Zoo) from 6:30 – 8:00pm. Students must be there by 6:15 pm to line up and should be ready to perform and enjoy the celebration! Students should dress in full program uniform (no shorts) and *MUST* have the registration fee paid *BEFORE* the **deadline date on December 1<sup>st</sup>!** Registration opens on **November 1<sup>st</sup>**. Students who do not register on time will have to pay the additional \$10 late fee and risk not having the proper belt and

certificate ready at graduation. Register online at: *www.JamesCoxMartialArts.com* (log in and go to the dashboard, sign up and see graduation and register, with student's name, current and next belt color and size). Registration closes before the 3<sup>rd</sup> and final stripe test of the quarter. As long as students attend classes regularly and put forth effort, instructors will make sure they are on track and prepared for graduation.

Our 3–4-year-old Tiny Champs will also need to be registered online and will graduate during their regular class times on **December 18<sup>th</sup>/19<sup>th</sup>**.

WHITE BELT BUDDY BASH / PARENT ORIENTATION: This is an orientation for all white belt students ages 5 – 12 years old. Students and parents from either location are invited to attend and are encouraged to bring friends! We will have pizza, a short/fun class, and discuss details regarding our programs, as well as answer all questions about things to come. These events usually take place on the last Friday of the month. Our next orientations are on October 25<sup>th</sup> and November 22<sup>nd</sup> from 6:00 – 7pm at our Wylie location.

**SIDEKICKS PARENTS SUPPORT MEETING:** The Sidekicks Team is a PTA support group for our martial arts schools. We need like-minded volunteers who want to impact our community and enhance our special events. Speak with our office manager, Vanessa Russell, at 325-676-2696 if you are interested in joining the team or come to any of our upcoming Sidekicks support meetings on either <u>October 19<sup>th</sup> (14<sup>th</sup>) or November 9<sup>th</sup> (Wylie)</u> at 1:00pm at alternating locations.

**PARENTS NIGHT OUT PARTIES:** Our Parents' Night Out Parties take place at alternating locations and have their own exciting themes to look forward to. Our next three parties are "Monster Mash Party" on **Friday, October 18<sup>th</sup>** at our S.14<sup>th</sup> location, "Ninja Turtle Night" on **Friday, November 8<sup>th</sup>** at our Wylie location, and "Holiday Party" on **Friday, December 6<sup>th</sup>** at our S.14<sup>th</sup> location. These events run from 6:30-10:30pm and are for children ages 5 and up. We encourage students to invite friends and family members, while parents enjoy a night out knowing their kids are in the safest place in Abilene. The sign-up fee is only \$40 per child or for groups of two children or more, just \$25 each. This covers pizza, refreshments, games, and tons of FUN! Sign up at the front counter *TODAY* or online at *www.JamesCoxMartialArts.com.* 

**TRUNK OR TREAT:** Come help us and be a part of the annual PMA Trunk or Treat, on **Saturday, October 26<sup>th</sup>** from 6:00 – 8:00 pm at both locations. Bring extra candy and decor; there will be prizes for the best decorated vehicle and tons of spooky fun. This is an open event for the community, and we definitely need your help!

**HUGE HOLIDAY SALE:** This is a MUST for you! Save a ton of money on all services, equipment, programs and events! Plus, get cool limited custom PMA apparel and novelties ONLY available during this one weekend sale! Pre-orders will be in before Christmas. <u>SAVE</u> <u>BIG</u> in 2025 by pre-paying for graduations, parties, tournaments, camps, memberships, gear and more! <u>Thursday, October 31<sup>st</sup> from</u> 10 pm – 12 am at Wylie is Midnight Madness Sneak-A-Peak for special teams only (Sidekicks, Demo, Fight Team, Leadership and Premier Training members). All other members must schedule time slots online at <u>www.JamesCoxMartialArts.com</u> for either: <u>Friday, November 1<sup>st</sup></u> from 3 pm – 8 pm at our Wylie location or <u>Saturday, November 2<sup>nd</sup></u> from 9 am – 4 pm at S. 14<sup>th</sup>.

\*<u>NO CLASSES</u> November 1<sup>st</sup> – 2<sup>nd</sup>! See you at YOUR 2024 Holiday Sale! \*

### FREE TURKEY BURN FITNESS KICKBOXING CLASS: On Saturday, November

**<u>30<sup>th</sup></u>** Grand Master James Cox will be teaching a FREE Fitness Kickboxing Class at the S. 14<sup>th</sup> location from 10:30 – 11:30 am, for all teens/adults (ages 13 and older). You do not have to be members of Premier to attend. We will have a blast with a "full body, sweat pouring, punching and kicking workout" to burn off all that Thanksgiving feast!

**FOLLOW OUR NEW 'MEMBERS ONLY' FACEBOOK PAGE:** We invite members from both of our Abilene PMA locations to connect, share victories and challenges, follow our upcoming events, and help promote a culture of personal growth. Please keep it positive and be <u>ACTIVE!</u> We encourage members to ask questions, share their stories, and contribute anything that could help another team member. Find our new page by scanning the QR CODE below:



**SHOW YOUR PMA SCHOOL SPIRIT:** We have *FREE* auto decals located at the front counter for you to put on your vehicles and represent the best martial arts school in town! We love seeing our stickers all around Abilene, so get yours on and show your support. It is your official "Parking Pass" ... put it on or else your vehicle will be towed away, just kidding! but still get it on today! *THANK YOU* for your support!

## From, Grand Master James Cox and Your Team at Premier Martial Arts

## Get in Touch!

(325)439-0182



gmjamescox@gmail.com